

"Man does not live by bread alone, but by every word that proceeds out of the mouth of God"1. The time to get in spiritual shape is NOW! The time to develop your faith is NOW! The greatest tests in life come unannounced. Therefore, we must prepare now. I see myself as He sees me according to His living Word, for my life is hid with Christ in God2. I will train myself to say the same things as God says in His Word, for how can two walk together except they be agreed3?

Through regular time in His presence, I will cultivate a sensitivity to hearing His voice. He will make His Word a reality in my life as I nurture my friendship with Him. Faith will not be a formula or technique in my life, but the natural by-product of knowing Him intimately as MY faithful Lord. Knowing Him, I can totally trust Him. His Word will always be the final authority in my life. I base my entire life upon Him and His living Word. Because I meditate upon His Word day and night and carefully do all that is written in it, my way shall be prosperous4. The word of faith is in my mouth and in my heart.

These Biblical Confessions are almost TOTALLY the Word of God. Scripture references are not included in the text, but in an index at the back of the booklet, in order to save space.

PLEASE READ THESE CONFESSIONS OUT LOUD.





I renounce a spirit of heaviness and put on the garment of praise (1) so that He may be glorified. I will bless the Lord at all times, His praise shall continually be in my mouth (2). The joy of the Lord is my strength (3). Jesus bore my grief (4). This is the day that the Lord has made, I will rejoice and be glad in it (5). I rejoice with joy unspeakable and full of glory (6). I rejoice in the Lord always (7). I do all things without grumbling and complaining (8). His words were found and I ate them and they became unto me a joy and a delight to my heart (9). In spite of trials, I offer sacrifices of joy (10). I will sing, yes, I will sing praises unto the Lord. I have the high praises of God in my throat and a two-edged sword in my hand".

I have set the Lord always before me. Because He is at my right hand, I shall not be moved. Therefore, my heart is glad and my soul rejoices. My body also dwells secure (12). Thou dost show me the path of life. In Thy presence there is fullness of joy. At Thy right hand are pleasures forevermore (13). I will rejoice in the Lord; I will rejoice in the God of my salvation (14). I wait upon the Lord and He renews my strength. I will mount up with wings like eagles, I will run and not be weary, I will walk and not faint (15).

I will be a success to the glory of God. All His blessings shall come upon me and overtake me because I obey the voice of the Lord, my God (16). Of this I am confident: Those who seek the Lord shall not lack any good thing (17). I will not live by bread alone but by every word (current utterance) that proceeds out of the mouth of God (18).



VICTORY

I'm not just on ordinary man or woman - I'm a son of the living God. I'm not just a person; I'm an heir of God and a joint-heir with Jesus Christ (1). I'm not just an old sinner; I'm a new creation in Jesus, my Lord (2). I'm part of a chosen generation, a royal priesthood, a holy nation; I'm one of God's people (3). Im not under guilt of condemnation. I refuse discouragement for it is not of God. God is the God of all encouragement. There is therefore now no condemnation for those in Christ Jesus (4). Satan is a liar. I will not listen to His accusations. I gird up the loins of my mind. I am cleansed in the blood. No weapon formed against me shall prosper and I shall confute every tongue rising against me in judgement (5). My mind is being renewed by the Word of God (6). I pull down strongholds, I cast down imaginations, I bring every thought captive to the obedience of Christ (7).

I am accepted in the beloved. If God be for me, who can be against me? (8) Greater is He that is in me than he that is in the world (9). Nothing can separate me from the love of Christ (10). As the Father loves Jesus, so does Jesus love me. I'm the righteousness of God in Christ (11). I'm not a slave of sin, I'm a slave of God and a slave of righteousness (12). I continue in His Word, I know the truth and the truth has set me free (13). Because the Son sets me free, I am free indeed (14). He who is born of God keeps him and the evil one does not touch him (15). I've been delivered out of the kingdom of darkness.

I'm now part of the kingdom of God (16). I don't have to serve sin anymore. Sin has no dominion over me (17). I will not believe the enemy's lies. He will not intimidate me. He is a liar and the father of lies (18). Satan is defeated (19). For this purpose the Son of God came into the world, to destroy the works of the devil (20). No longer will he oppress me. Surely oppression makes a wise man mad (21). I will get mad at the devil. I defeat him by the blood of the Lamb, by the word of my testimony, loving not my life even unto death (22). I will submit to God. I will resist the devil and he will flee (23). No temptation will overtake me that is not common to man. God is faithful, He will not let me be tempted beyond my strength, but with the temptation will also provide the way of escape that I may be able to endure (24).

I will stand fast in the liberty wherewith Christ has made me free (25). Where the Spirit of the Lord is, there is liberty (26). The law of the Spirit of life in Christ Jesus has set me free from the law of sin and death (27). Christ always causes me to triumph (28). I'll reign as a king in life through Christ Jesus (29). As a young man I am strong, the Word of God abides in me, and I have overcome the evil one (30). I am more than a conqueror through Christ who loves me (31). I am an overcomer. I can do all things THROUGH CHRIST who strengthens me (32). Thanks be to God who gives me the victory through Jesus Christ, my Lord! (33)

FAITH DAY 3

I can do all things through Christ who strengthens me (1). By my God I can run through a troop and leap over a wall (2)! He makes my feet like hind's feet; He makes me walk upon high places (3). With man this is impossible but with God all things are possible! (4) All things are possible to him who believes (5). If I have faith as a grain of mustard seed, I can say to a mountain, "Move", and it will move (6) and NOTHING will be impossible to me. I'm a believer, I'm not a doubter. I know that whatever is not of faith is sin (7). I know that without faith it is impossible to please God (8). I know I am to live by faith, and if I shrink back the Lord has no pleasure in me (9).

I Every man is given a measure of faith (10); I'll develop my faith to the glory of God. I have faith towards God. My faith is not in my faith, but in a living God who said He would never fail or forsake me (11). Therefore I choose to walk by faith and not by sight (12). I trust in the Lord with all my heart and don't lean on my own understanding (13). I'm not ruled by my feelings, I'm not in bondage to my emotions. I'm not under the circumstances, I'm above the circumstances. I'm seated with Christ in heavenly places (14). The steps of a righteous man are ordered by the Lord (15). Many are the afflictions of the righteous, but the Lord delivers them out of them all (16).

The righteous man falls seven times, but rises again (17). Champions don't give up, they get up. One thing I do, forgetting what lies behind, straining forward to what lies ahead, I press on towards the goal for the prize of the upward call of God in Christ Jesus, my Lord (18). I put my hand to the plough and I don't look back (19). I run to win. Zeal for Thy house consumes me (20). The kingdom of heaven comes by violence, and those who take it, take it by force (21).



Ilt is not by might, nor by power, but by His Spirit (22). He ever lives to make intercession for me (23). He is able to do exceedingly far more abundantly above all that I ever dare think or ask, by the power at work within me (24). He who began a good work in me will bring it to completion in the day of my Lord Jesus (25). Boldly, I can approach the throne of grace to receive mercy and grace for help in my time of need (26). I'll be anxious for nothing (27). He will keep me in perfect peace for my mind is stayed on Him (28). Therefore I enter His rest (29). I've been crucified with Christ, nevertheless I live, and the life I now live, I live by faith in the Son of God who loved me and gave Himself for me (30). Whatever is born of God overcomes the world. This is the victory that overcomes the world, even my faith (31). I choose this day to live by faith, to walk by faith, to see through the eye of faith. Therefore, I am an overcomer. I'm going from faith to faith, strength to strength, glory to glory. The path of the righteous is like the light of dawn which shines brighter until full day (32)!

DAY 4

"I give no opportunity to the devil (1). I give no place to fear in my life. That which man fears comes upon him (2). Fear hath torment (3). The fear of man brings a snare (4), but perfect love casts out fear (5). I sought the Lord and He heard me and delivered me from all my fears. God has not given me a spirit of fear, but a spirit of power, love and a sound mind (6). In righteousness I am established, so I'll be far from oppression (7). I will not fear or be in terror. It shall not come near me (8). The Lord is my light and my salvation. Whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid (9)? God is my refuge and strength, a very present help in trouble. Therefore I will not fear (10). If I were still trying to please men, I should not be a servant of Jesus Christ (11). But I am a servant of the most High God. I fear not, for He is with me. I'll not be dismayed, for He is my God. He will strengthen me, He will help me, He will uphold me with His victorious right hand (12).

I'm not ashamed of the gospel for it is the power of God unto salvation to those who believe (13). I'm a minister of reconciliation (14). I'm an ambassador for Jesus Christ (15). The anointing I've received abides in me (16).

The anointing breaks every yoke (17). I received power when the Holy Spirit came upon me to be His witness (18). His Word which comes out of His mouth will not return void but will accomplish His purpose and prosper in the thing for which it was sent (19). I know my God, I am strong, I will do exploits20. As He is, so am I in this world (21).

I am righteous, therefore, I am bold as a lion (22). He will never fail me or forsake me; therefore, I can boldly say, The Lord is my helper, I will not be afraid. What can man do to me (23)? As a young man, I am strong. The Word of God abides in me. I have overcome the evil one (24). I am an overcomer. Greater is He that is in me than he that is in the world (25). I am a hundred-fold Christian. I am complete in Him (26). I am more than a conqueror through Christ who loves me (27). Grant, Lord, to Thy servant to speak Thy Word with all boldness while You stretch out Your hand to heal, and signs and wonders are performed through the Name of Thy Holy Servant, Jesus (28)!

HEALTH

DAY 5

I will bless my Lord with all my heart, for He not only forgives all my sins, He heals all my diseases (1). Because the Lord is my refuge, the most High my habitation, no evil shall befall me, no plague will come near my dwelling place. He gives His angels charge over me to guard me in all my ways (2).

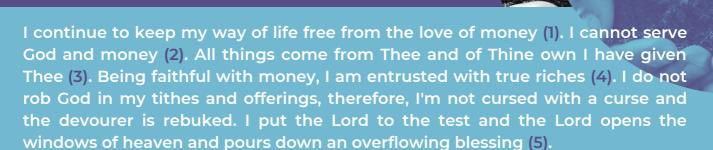
It's His will that I prosper and be in health, even as my soul dost prosper (3). Jesus of Nazareth went about doing good and healing all who were oppressed by the devil (4). He said, "I'll remove sickness from the midst of you." He is the Lord, my Healer. I look not to the healing, but to the Healer - Jesus, my loving Lord. My body is for the Lord and the Lord is for my body. He bore away my sickness and carried away my diseases and by His stripes, I was healed (6).

The Sun of Righteousness shall rise with healing in His wings (7). The same Spirit that raised Jesus from the dead is at work in my mortal body, giving me life (8). I expect a miracle. Jesus Christ is the same yesterday, today and forever (9). Is anything too hard for the Lord?10 For all things are possible to him who believes (11). I'm not just a hearer of the Word, I'm a doer of the Word (12). Therefore, I am blessed in my doing - for faith without action is dead (13). It is done unto me according to my faith (14).

THEREFORE, I WILL NOT ONLY CONFESS THE WORD, BUT I WILL BE A DOER OF THE WORD!



DAY 6 PROSPERITY



I do not grow weary in doing good, for in due season I reap because I do not lose heart (6). I cast my bread upon the waters and I find it after many days (7). One man gives freely yet grows all the richer; another withholds what he should give and only suffers want. The generous man will be enriched and one who waters will himself be watered (8).

I've been young and now I am old, yet, I've not seen the righteous forsaken or his children begging bread. I am ever giving liberally and lending and my children become a blessing (9). My God supplies all my needs according to His riches in glory in Christ Jesus (10). I give and it is given to me, good measure, pressed down, shaken together, running over, men give into my bosom (11). If I sow sparingly, then I will also reap sparingly. So I will sow bountifully and therefore, reap bountifully.

GOD LOVES A CHEERFUL GIVER.

He is able to provide me with every blessing in abundance, so I may always have enough of everything, in order to provide in abundance for every good work. He who supplies seed to the sower and bread for food will supply and multiply my resources and increase the harvest of my righteousness (12).

I do not see godliness as a means of selfish gain (13). My passion is to see the gospel of the kingdom preached throughout the whole world as a testimony to all the nations, so then the end will come (14). I do all I can to hasten the coming of that day (15)!

DESTINY DAY 7

The eyes of the Lord run to and fro throughout the whole earth, in order to show Himself strong, on behalf of those whose hearts are fully blameless towards Him (1). God rewards those who diligently seek Him (2). He who calls me is faithful and He will do it (3).

I'm not lukewarm (4). I'm not a compromiser. I'll not be conformed to this world (5). I'm not a loser, I'm a winner. I'm a partaker of His divine nature (6). God indwells my body (7). I run the race to win (8). His grace is sufficient for me. His power is made perfect in weakness (9).

When the enemy comes in like a flood, the Spirit of the Lord will raise up a standard (10). I'm a part of that standard. We are the soldiers of the army of salvation that God is raising up to save this world. I'll not despise the day of small beginnings (11). We will reclaim that which the thief has stolen (12) through tradition and ignorance. The earth is the Lord's and the fullness thereof, the world and all who dwell therein (13). He said He would pour out His Spirit in these last days. Sons and daughters would prophesy, young men would see visions, old men would dream dreams (14). I'm part of this end-time vision, for without it, I will perish. For still the vision awaits its time, it hastens to the end, it will not fail. If it seems slow, I will wait for it. It will surely come. It will not delay (15). Therefore, I have a sense of destiny. Jesus is restoring His church. He is coming back for a glorious church without spot or wrinkle or blemish or any such thing (16). It will be a triumphant church (17). It will kick the gates of hell in (18). I'm part of this end-time move. I'll pay the price. I'm giving my utmost for His Highest. I press on toward the goal for the prize of the high call of God in Christ Jesus, my Lord (19). I'm out to change my generation. I'm beginning today. I redeem the time (20). I'm not weighted down by the cares of this life (21). I cast my cares on the Lord (22).

Whatever the task this day, I'll do it heartily as serving the Lord (23). I'll pursue excellence, for I serve a God of excellence. I'll stir up the gifts within me (24). I'll step out in faith. I'll move in the supernatural. I'll set the captives free.

The Spirit of the Lord is upon me. He has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives, recovery of sight to the blind, to set at liberty those who are oppressed, to bind up the brokenhearted, and to proclaim the acceptable year of the Lord (25).

I'll not limit the Holy One of Israel (26). I'll not be disobedient to the heavenly vision (27). The kingdoms of this world shall become the kingdoms of our God and of His Christ (28)! Now to Him Who is able to keep me from falling, and to present me without blemish before the presence of His glory with exceeding joy, to the only God, my Saviour, through Jesus Christ my Lord, be glory, majesty, dominion and authority before all time, now and forever! Amen (29)!

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- 1. MATTHEW 4:4
- 2. COLOSSIANS 3:3
- 3. AMOS 3:3
- 4. JOSHUA 1:8
- 5. ROMANS 10:8



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- 1. ISAIAH 61:3
- 2. PSALM 34:1
- **3. NEHEMIAH 8:10 B**
- 4. ISAIAH 53:4
- 5. PSALM 118:24
- 6. 1 PETER 1:8
- 7. PHILIPPIANS 4:4
- 8. PHILIPPIANS 2:14
- 9. JEREMIAH 15:16
- 10. HEBREWS 13:15
- 11. PSALM 149:6
- 12. PSALM 16:8-9
- 13. PSALM 16:11
- **14. HABAKKUK 3:18**
- 15. ISAIAH 40:31
- 16. DEUTERONOMY 28:2
- 17. PSALM 34:10 B
- 18. MATTHEW 4:4

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- 1. ROMANS 8:16-17
- **2. 2 CORINTHIANS 5:17**
- 3. 1 PETER 2:9
- 4. ROMANS 8:1
- 5. ISAIAH 54:17
- 6. ROMANS 12:2
- **7. CORINTHIANS 10:4-5**
- 8. ROMANS 8:31
- 9. 1 JOHN 4:4
- 10. ROMANS 8:38-39
- 11. CORINTHIANS 5:21
- 12. ROMANS 6:20-22
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- 15. 1 JOHN 5:18
- **16. COLOSSIANS 1:13**
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- 18. JOHN 8:44
- **19. COLOSSIANS 2:15**
- 20. 1 JOHN 3:8
- 21. ECCLESIASTES 7:7
- **22. REVELATION 12:11**
- 23. JAMES 4:7
- 24. 1 CORINTHIANS 10:13
- **25. GALATIANS 5:1**
- **26. 2 CORINTHIANS 3:17**
- 27. ROMANS 8:2
- 28. 2 CORINTHIANS 2:14
- 29. ROMANS 5:17 B
- 30. 1 JOHN 2:13-14
- 31. ROMANS 8:37
- 32. PHILIPPIANS 4:13
- **33. 1 CORINTHIANS 15:57**

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- 1. PHILIPPIANS 4:13
- 2. PSALM 18:29
- 3. PSALM 18:33
- 4. MARK 10:27
- 5. MARK 9:23
- 6. MARK 11:23 OR MATTHEW17:20-21
- 7. ROMANS 14:23
- 8. HEBREWS 11:6
- 9. HEBREWS 10:38
- 10. ROMANS 12:3
- 11. JOSHUA 1:5;

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- **12. 2 CORINTHIANS 5:7**
- 13. PROVERBS 3:5
- **14. EPHESIANS 2:6**
- 15. PSALM 37:23
- 16. PSALM 34:19
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- 18. PHILIPPIANS 3:13-14
- 19. LUKE 9:62
- 20. JOHN 2:17; PSALM 69:9

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- 21. MATTHEW 11:12
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- 28. ISAIAH 26:3
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- **30. GALATIANS 2:20**
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- **32. PROVERBS 4:18**



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- **1. EPHESIANS 4:27**
- 2. JOB 3:25
- 3. 1 JOHN 4:18
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- 5. 1 JOHN 4:18
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- 7. ISAIAH 54:14
- 8. PSALM 91:5-7
- 9. PSALM 27:1
- 10. PSALM 46:1-2
- **11. GALATIANS 1:10**
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- 17. ISAIAH 10:27
- 18. ACTS 1:8
- 19. ISAIAH 55:11
- 20. DANIEL 11:32
- 21. 1 JOHN 4:17
- 22. PROVERBS 28:1
- 23. HEBREWS 13:5-6
- 24. 1 JOHN 2:13-14
- 25. 1 JOHN 4:4
- **26. COLOSSIANS 2:10**
- 27. ROMANS 8:37
- 28. ACTS 4:29-30



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- 1. PSALM 103:3
- 2. PSALM 91:9-11
- 3. 3 JOHN 2
- 4. ACTS 10:38
- 5. EXODUS 15:26
- 6. ISAIAH 53:4-5
- 7. MALACHI 4:2
- 8. ROMANS 8:11
- 9. HEBREWS 13:8
- 10. JEREMIAH 32:17&27
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- 13. JAMES 2:17
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- 5. MALACHI 3:9-11
- 6. GALATIANS 6:9
- 7. ECCLESIASTES 11:1
- 8. PROVERBS 11:24-25
- 9. PSALM 37:25-26
- **10. PHILIPPIANS 4:19**
- 11. LUKE 6:38
- 12. 2 CORINTHIANS 9:6-10
- 13. 1 TIMOTHY 6:5
- 14. MATTHEW 24:14
- 15. 2 PETER 3:12



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- **1. 2 CHRONICLES 16:9**
- 2. HEBREWS 11:6 B
- 3. 1 THESSALONIANS 5:24
- 4. REVELATION 3:15-16
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- 6. 2 PETER 1:4
- 7. 1 JOHN 4:12
- 8. 1 CORINTHIANS 9:24
- 9. 2 CORINTHIANS 12:9
- 10. ISAIAH 59:19 B
- 11. JOB 8:7 AND ZECHARIAH 4:10
- 12. JOHN 10:10
- 13. PSALM 24:1
- 14. ACTS 2:17 JOEL 2:28
- **15. HABAKKUK 2:3**
- **16. EPHESIANS 5:27**
- 17. 2 CORINTHIANS 2:14
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- 22. 1 PETER 5:7
- **23. COLOSSIANS 3:23**
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- 26. PSALM 78:41
- 27. ACTS 26:19
- **28. REVELATIONS 11:15**
- 29. JUDE 24-25



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